

# FRUITS OF THE SPIRIT

GALATIANS 5:16-26

## DAILY JOURNAL GUIDE

**HOW ARE YOU BEING INTENTIONAL TO BECOME MORE LIKE CHRIST?**

**THE PURPOSE OF THIS GUIDE IS TO FOCUS ON 4 KEY AREAS AND TAKE AN HONEST ASSESSMENT:**

- HOME
- WORK
- LEISURE (ACTIVITIES & FRIENDSHIPS)
- BEING ON MISSION FOR GOD

### **INSTRUCTIONS:**

**COMPLETE A BRUTALLY HONEST ASSESMENT OF HOW YOU STRUGGLE WITH EACH POINT IN THE PAST AND PRESENT. KEEP THOSE NOTES!!! THEY WILL BECOME YOUR DAILY PRAYER GUIDE AS YOU PRAY OVER EACH POINT IN THE MORNING AND ASK TO BE LED BY THE SPIRIT.**

**AT THE END OF EACH DAY EVALUATE HOW WELL/POORLY YOU DID IN EACH POINT/AREA. JOURNAL THESE THOUGHTS, CONFESS WEAKNESSES OR FAILURES TO THE LORD, AND ASK FOR HELP IN DOING BETTER. DON'T FORGET TO PRAISE HIM FOR THE VICTORIES!**

### **FOOD FOR THOUGHT:**

**WHAT SAFEGUARDS ARE YOU PUTTING IN PLACE FOR EACH OF THE 4 KEY AREAS TO MAKE SURE YOU ARE NOT FALLING INTO TEMPTATION?**

**TO ALLOW ACCOUNTABILITY AND FURTHER DISCUSSION, SHARE WITH A TRUSTED MENTOR.**

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## LOVE

Are your words, thoughts, or actions displaying the love that would honor and please Christ?

## JOY

Regardless of circumstance, do you have the joy or satisfaction that comes from the Lord? (Not to be confused with happiness)

## PEACE

Are you at peace with God's sovereignty and control or do you attempt to force your plans or ideas in place of His?

## PATIENCE

Have you sought the Lord in ALL decisions and trusting Him during the wait or gap-life? Do your actions back this up?

## KINDNESS

Again...words, thoughts, and actions! What's in your heart will manifest through what you say and do. It's a heart matter!

## GOODNESS

Before sin entered the world, God created man and said he was "very good". What goodness is being shown that sets you apart from the rest of the world and lets them know you're different?

## FAITHFULNESS

Are you pursuing God by reading His word daily? How are you applying what He is revealing to you in each reading?

## GENTLENESS

We are instructed to be slow to anger, quick to listen, and to gently RESPOND rather than react in the flesh! Do people see you as a "soft place to land"? A sanctuary to find shelter and wisdom?

## SELF-CONTROL

Apart from the Spirit we will say and do things in the flesh that lead to paths of destruction. Pause, pray, ponder...proceed!